

# Instructions for Use

## Opioid Overdose Response Instructions

NARCAN<sup>™</sup> Nasal Spray is a pure opioid antagonist indicated for emergency use outside of a hospital to reverse known or suspected opioid overdose, as manifested by respiratory and/or severe central nervous system depression.

NARCAN<sup>™</sup> Nasal Spray can be administered by a bystander (non-healthcare professional) before emergency medical assistance becomes available, but it is not intended to be a substitute for professional medical care. Emergency medical assistance (calling 911) should be requested immediately when an opioid overdose is suspected, before administering naloxone.

**Important: For use in the nose only.**

Do not remove or test the NARCAN<sup>™</sup> Nasal Spray until ready to use.

# 1

### Identify Opioid Overdose



### Call for Emergency Medical Help

#### Check for signs of an opioid overdose:

- Person DOES NOT wake up after you shout, shake their shoulders, or firmly rub the middle of their chest
- Breathing is very slow, irregular or has stopped
- Centre part of the eye is very small, like a pinpoint

Call **911** or ask someone to call for you.

Lay the person on their back.

# 2

### Give NARCAN<sup>™</sup> Nasal Spray



**Remove** device from packaging. **Do not test the device.** There is only one dose per device.

**Tilt the person's head back** and provide support under their neck with your hand.

**Hold the device** with your thumb on the bottom of the plunger. Put your first and middle fingers on either side of the nozzle.



**Gently insert the tip of the nozzle into one nostril.** Your fingers should be right up against the nose. If giving to a child, make sure the nozzle seals the nostril.

**Press the plunger firmly** with your thumb to give the dose.

**Remove** the device from the nostril.

# 3

### Evaluate and Support



**Move** the person on their side (recovery position). Watch them closely.

**Give a second dose after 2 to 3 minutes** if the person has not woken up or their breathing is not improved.

**Alternate nostrils with each dose.**

You can give a dose every 2 to 3 minutes, if more are available and are needed.

**Perform artificial respiration or cardiac massage** until emergency medical help arrives, if you know how and if it is needed.

For more information on NARCAN<sup>™</sup> Nasal Spray, visit [narcannasalspray.ca](http://narcannasalspray.ca)