

TOWN HALL ANTI-RACISM REFLECTION ACTIVITY

In order to remake the world in the image of love, resilience and justice, we must acknowledge that we hold the threads of the past, present and future. This reflection will help to guide our work.

Past – Harvesting wisdom of grandmother’s grandmothers

Present – Our experiences of resilience and resistance

Future – Sowing seeds of freedom for our grandchildren’s grandchildren

Grown-ups: Recognizing the paths that have been laid before us helps to make space for innovation and connects us to a history of resilience. Reflect on the history of your ancestors and how their lives have helped to shape the world that we live in today. This reflection could mean a number of different things for a number of different people based on your background and experiences. If you have trouble connecting with your past and the past of your ancestors, focus then on looking to the future and the life that you wish to create for future generations. Talk with your child(ren) about what you can do as a family to create a better community and a better world for all.

Start by answering these questions and then discuss as a family:

- What brings you joy?
- What are you curious about?
- What would you like to create for our community?
- How can you show up as your authentic and whole self in the community? How can they support you in doing that?

This will act as the framework for the work that you will do together.