

"To fall in love with yourself is the first secret to happiness."- Nia

"I learn from my mistakes. I'm proud of who I am. I love myself. I'm proud of making it this far"- Madison

"A little progress each day builds up to big results." —Daniel

"You are winning! You are succeeding just by showing up and putting one foot in front of the other. I know it doesn't always necessarily feel like that's some big accomplishment, but it's huge. You should be proud, not everyone can do that. Keep going."- Sophie

"ONE DAY YOU WILL LOOK BACK AT THIS TIME AND REALIZE THAT IT ALL TURNED OUT OKAY. YOU ARE AWESOME." :D -HAJIRAH

"You are unique, that's what is special about you."- Caden

Words can't describe how amazing you are! ~Amelia

"You are strong, resilient, and irreplaceable."-Ayesha