

Write a Manifesto—What You Believe

We all have different experiences that shape what is important to us, and what we believe. This week you can create a manifesto, a public statement of a person's or a group's beliefs. These are the personal rules that you live by.



Begin by thinking about what things are most important to you in your life. How should people treat one another? What do you value most? On a sheet of scrap paper, write down a list of some of your ideas, or talk about them with someone. You could start your statements with some of the following phrases:

- ➡ It is true that ...
- ➡ I believe that ...
- ➡ The most important quality in a person is ...
- ➡ The best way to deal with sadness is to ...
- ➡ Nothing is more fun than ...
- ➡ Nothing is more boring than ...
- ➡ It is difficult to ...
- ➡ It is easy to ...
- ➡ Beauty comes from ...
- ➡ Education is ...
- ➡ Friends are ...

On this page or another piece of paper, you can write down a list of some of your ideas, or talk about them with someone first.

[illegible]



Once you have a list of your beliefs and values, consider which ones you would like to share with your community. These can be things that you would like others to know about you, or they can be messages that you hope will impact others.



Create your manifesto on a large piece of paper. On the paper, express some of your most important beliefs in either a list, statement, story, quote, poem, or another form of writing and pictures so that anyone who reads it will be able to understand what matters to you. After you have written your manifesto, you can decorate your paper as well. You can write a first draft here:

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Now that you have created your own manifesto, it's time to share it with your community! Other people can learn about what is important to you. Think about who might benefit from reading your manifesto. Where could you hang your writing so that others in the community can read it?